



Press Release

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Winterize homes for senior safety

Naperville, Ill.—The mild start to winter this year may erase memory of how harsh winter weather can be, especially for the elderly and those living with chronic illness. Winter weather can bring many surprises, causing emergency home repairs and dangerous conditions for seniors and the infirm. Home Care Personal Services encourages family members to help their loved ones winterize their homes to ensure they are safe through this winter season.

According to Nationwide Mutual Insurance Company, ice damming and burst pipes are the source of most winter [insurance claims](#). With this in mind, roof shingles should be checked to ensure they are secure, and gutters should be cleaned to keep water, snow, and ice from backing up under the eaves and soaking the insulation, frame, and walls. Pipes should be checked for cracks and leaks, and insulated. More winterizing tips include:

- Seal windows and doors properly;
- Ensure trees are properly trimmed;
- Check your heat source: furnaces should be serviced annually, and chimneys should be swept to prevent chimney fires;
- Test your carbon monoxide detector and smoke detector to ensure both are in working order;

For more information to help prepare your home for the winter months, read the article titled "[Prepare Your Home for Cold Weather](#)" at [wikihow](http://www.wikihow.com).

Home Care Personal Services, Inc., (Naperville, Ill.) provides in-home assistance to nearly 1,000 people in northern Illinois. The agency offers a variety of services for those needing short-term or long-term care at home in Naperville, Crystal Lake, Bourbonnais, Peoria, and surrounding areas. More information can be found on the agency's website www.illinoiscaregivers.com.

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